



Contact Number
0345 266 9667

Do you need some advice?

Our employee assistance service offers all staff members resources and personal advice whenever you require support.

Our helpline services are available 24 hours a day, 365 days a year, and also provide confidential counselling for yourself or your immediate family members over the phone.

The service includes support for:

Bereavement and loss • LGBT partnership rights • LGBT parenting rights • Choosing childcare • Post-natal depression • Nutrition • Teenagers • Redundancy • Child bullying • Miscarriage • The internet and children • Work/life balance • Stress at exam time • Child substance misuse • Financial burdens • Caring for relatives • Preparing for retirement

To access the helpline please quote this policy number: 02/CRE/0510893